

**MPS Year 1 – 4 Swimming Gala 2018**  
**Wednesday 28<sup>th</sup> February**  
 (PP: Thursday 1<sup>st</sup> March )



Name: \_\_\_\_\_ (Events highlighted)

**Programme:**

|       | Big Pool (Events will not have placings or timing)  | Little Pool  |
|-------|---|--|
| 11:00 | <b>Year 1 – 4 Lengths</b> <ul style="list-style-type: none"> <li>• Freestyle</li> <li>• Backstroke</li> </ul> <b>Year 1 – 4 Widths</b> <ul style="list-style-type: none"> <li>• Freestyle</li> <li>• Backstroke</li> <li>• Front with kickboards</li> <li>• Back with kickboards</li> </ul> | <b>Year 1 – 2 Demonstration Activities</b><br><b>11.30 – 12pm</b><br> |
| 12:00 | <b>Fun Events</b> <ul style="list-style-type: none"> <li>• Noodle Relay/Big Bomb/Dolphin Dive</li> <li>• Duathlon (Year 1 &amp; 2 – 1 width &amp; 500m run around field)</li> <li>• Duathlon (Year 3 &amp; 4 – 2 widths &amp; 700m run around field)</li> </ul>                             |  |
| 1:00  | Lunch   |  |

**Students will need:**

- T-Shirt & sweat shirt (**all named**) to wear over togs while they wait for events.
- **Please also send a spare/extra towel – all clearly named please**
- Sunhat (**Named**) & sunblock

**Information for Parent:**

- Families please sit on the coloured tiered seating at the side of the pool.
- The run section of the Duathlon can be observed by exiting the main pool entrance and heading to the Tree Triangle finish line.
- If you would like to take your child home after the swimming gala please ensure **that you sign them out on the sign out board (located by the bell)**

**MPS Swimming – Thursday 28<sup>th</sup> February**

We will not be having a BBQ this year however you will be able to purchase ice blocks. This will be available for all MPS students at 1pm.

**\$1 Ice Blocks**