

# Meltham Primary School

## County Swimming Sports

Venue: EA Networks Stadium, Ashburton  
 Date: Tuesday –6<sup>th</sup> March  
 Starting Time: 12.00 noon. Seated by 11.40.  
 Rachel Brown will be there as our manager.

### SWIMMING SPORTS PROGRAMME

Event Number	Name	School MPS
1. Mixed Yr 5 Relay		
1	Jordan Oates	MPS
	William Brown	MPS
	Archie Cudmore	MPS
	Chloe Lowe	MPS
2. Mixed Yr 6 Relay		
2	Lucy Markillie	MPS
	Liam Chalke	MPS
	Geordie Pavey	MPS
	Lucie Hood	MPS
5. Boys Yr 5 Freestyle		
	William Brown	MPS
6 Girls Yr 5 Freestyle		
	Chloe Lowe	MPS
	Jordan Oates	MPS
7 Boys Yr 6 Freestyle		
	Liam Chalke	MPS
8 Girls Yr 6 Freestyle		
	Lucie Hood	MPS
13 Boys Yr 5 Backstroke		
	William Brown	MPS
	Archie Cudmore	MPS
14 Girls Yr 5 Backstroke		
	Chloe Lowe	MPS

14	Jordan Oates	MPS
15 Boys Yr 6 Backstroke		
	Liam Chalke	MPS
16 Girls Yr 6 Backstroke		
	Lucie Hood	MPS
	Lucy Markillie	MPS
21 Boys Yr 5 Breaststroke		
	Jak Van Den Heuvel	MPS
22 Girls Yr 5 Breaststroke		
	Chloe Lowe	MPS
	Jordan Oates	MPS
23 Boys Yr 6 Breaststroke		
	Geordie Pavey	MPS
24 Girls Yr 6 Breaststroke		
	Lucie Hood	MPS
	Lucy Markillie	MPS
29 Boys Open Butterfly		
	Liam Chalke	MPS
	Noah Monson	
30 Girls Open Butterfly		
	Lucie Hood	MPS
	Lucy Markillie	MPS

### **START / FINISH PROCEDURE:**

#### Starting procedure

- whistle – to pool edge or to enter water
- take your marks – feet must stay flat
- Starters horn

NB: False Start – a whistle will be blown and a false start rope will be dropped

#### Finishing procedure

- Freestyle - competitors must touch the pad with one hand
- Backstroke - competitors must touch the pad with one hand. Remind competitors they **MUST** keep going until they touch the end of the pool – if they turn over or stop before the end of the race they face disqualification
- Breaststroke - competitors must touch with two hands simultaneously
- Butterfly - competitors must touch with two hands simultaneously
- competitors **MUST** stay in pool when they have finished their race and do not get out until signalled by way of two short whistles

## Disqualifications

Any swimmer starting before the starting signal has been given shall be disqualified. If the starting signal sounds and a swimmer is disqualified for whatever reason the race will continue as per normal unless, the false start lane rope is lowered and the race will be started again (please check rules on page 53, 54 and 55 of Canterbury Primary School Sports Directory handbook and calendar of events.

Races are all timed finals, Disqualifications for incorrect technique

## GENERAL INFORMATION

- 1) All Competitors are asked to come to the pool with their togs under their uniform to alleviate congestion in the changing rooms. ALL CHILDREN must bring all gear out of the changing areas once changed. A gear bag is required. All competitors to sit in areas, as marked by Convenor.
- 2) Please make sure that pupils are aware of what events they are in and their event number. Please watch the event and marshalling blackboard carefully and have pupils ready for their events.
- 3) **Later events may not be finished in time to allow bus children to catch the bus home. Parents may need to arrange alternative transport for children to get home from school.**

If you have any questions or queries, please don't hesitate to contact me at school.

**Kind regards,  
Rachel Brown**

**PLEASE FILL IN THE FORM BELOW AND RETURN TO THE OFFICE BY Thursday 1<sup>st</sup> March.**

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### 2018 Swimming Counties

I can transport my own child \_\_\_\_\_ to Swimming Counties in Ashburton on Tuesday 6<sup>th</sup> March.

OR

I give \_\_\_\_\_ in Room \_\_\_\_\_ permission to travel by car to the 2018 Ashburton County Swimming Sports.

I can take \_\_\_\_\_ extra children. All passengers will wear seatbelts. I have a current drivers licence and my car has a current registration and warrant of fitness.

I \_\_\_\_\_ am available to be a Marshall / Time keeper (each school must provide 2)

**Please note:** County Swimming Sports often goes until 3pm, which may mean your child cannot travel home on the bus. You will need to arrange alternative transportation home.

Signed:	Name:
Phone Number:	

