

Let Her Play



Year 4/5/6 Girls Rugby:

An exciting opportunity has come about, focusing on girls' rugby and the development around the game.

There has been a push at NZRU level to look at helping girls through-out the age groups to ideally develop skills and knowledge to reach Black Fern (15 a-side) and NZ Sevens level down the track.

My aim, along with others from the Mid-Canterbury Rugby Union will be to develop ball skills, safety/technique and gradually introduce contact. Mouth guards will be essential (also provided) and necessary training equipment will be provided.

We aim to eventually give the girls an opportunity to play 7-a-side games and are currently in the process of working out if this will be a school tournament, weekly competition or both. Games will be at Year 5/6 level, however, Year 4s are more than welcome to participate in training to help with development.

Filling in the following information would be much appreciated.

Kind regards,

Milly Deans

(Circle the best fit options options)

I do / do not give permission for _____ to learn to play rugby.

Year level: _____

My child has played the following... touch/ripper/tackle/none.

If there was a weekly competition what afternoons would suit best?

Monday/Wednesday/Thursday/Friday

Signed: _____ (Parent/Caregiver)